

PRP for Hair

Post-Injection Protocol

1. Inform office immediately of any concerns
2. Return home and take a hot shower/shampoo
3. Do not use any topical preparations on the scalp for 24 hours
4. Do not color hair for 48 hours
5. Do not exercise for 48 hours
6. Hold NSAIDs for 24 hours (use Tylenol if you need to for pain)

Timing of Injections

1. Initial injections: Schedule monthly for 3 to 4 months
2. Maintenance injections: Schedule in 3 to 6 month intervals