



SCULPTRA (Injectable poly-L-lactic acid)

What is Sculptra?

Sculptra is a synthetic injectable material known as "poly-L-lactic acid." Poly-L-lactic acid is biocompatible (a material that does not harm the body) and biodegradable (able to be broken down by the body). Poly-L-lactic acid has been widely used for many years in dissolvable stitches, soft tissue implants, and other types of implants.

How much does Sculptra cost?

One vial of Sculptra is \$1,000

Package of 2 vials = \$1,600 (\$400 savings)

Package of 3 vials = \$2,300 (\$700 savings)

Package of 4 vials = \$3,000 (\$1000 savings)

Package of 6 vials = \$4,200 (\$1800 savings)

Sculptra must be premixed 48 hours prior to your appointment: therefore, we do require a \$500 non-refundable deposit upon scheduling your treatment.

How does Sculptra work?

Sculptra gradually works to fill lines, wrinkles and other volume deficits by stimulating the production of your body's own collagen to increase skin thickness. Your health care provider will decide the appropriate number of treatment sessions and the amount of Sculptra you will need at each session. Patients with severe facial fat loss may require 3 to 6 treatment sessions.

When will I begin to see results?

For the first couple of days, the treated areas usually appear improved due to swelling at the injection sites. The swelling subsides quickly leaving the areas looking the same as before the treatment. Be patient! Lasting results appear over a period of 3 -6 months as the body produces its own collagen.

How long does Sculptra last?

Sculptra treatment results last an average of 2 years in most patients. Touch-up treatments may be needed to maintain the desired effect.

Can Sculptra be used anywhere on the face?

The FDA approved Sculptra for correction of shallow to deep nasolabial folds (smile lines), contour deficiencies and other facial wrinkles.

Who cannot use Sculptra?

You cannot use Sculptra if you are pregnant, breastfeeding, have an allergy to any ingredient in Sculptra, or if you are under 18. Sculptra should not be injected while you have an active skin infection or inflammation in the treatment area.



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Before and After Treatment

What do I do before injections?

1. Do not schedule injections two weeks before an important social or professional engagement due to the possibility of redness, swelling, or bruising from the procedure.
2. Plan on arriving 40 minutes prior to your procedure to have a compounded topical anesthetic cream applied to minimize discomfort and for pre-treatment photographs to be taken. The cost of numbing cream is \$25 per application. All makeup and lipstick should be thoroughly washed off before you come to your appointment.
3. **Avoid the following 2 weeks prior to your treatment:** All anti-inflammatories (there are many supplements that have an anti-inflammatory effect, some of which include, Fish Oil, Vitamin E, Garlic, Ginko, Glucosamine and St. John's Wort) and blood thinners, including Prednisone, Aspirin, Naproxen, Ibuprofen, etc. ** If you need these products for your health, please do not stop your medication without permission from your health care provider.
4. Please **avoid alcohol** 48 hours prior to your filler appointment because it can thin your blood and possible make bruising worse.
5. If you are prone to cold sores (Herpes Simplex), let us know and we will prescribe an oral prophylactic anti-viral medication such as Valtrex or Famvir.
6. Avoid having any dental procedures 2 weeks prior and 2 weeks after your procedure.
7. To help with bruising, you may purchase Arnica tablets from your pharmacy and start taking them 3 days before your procedure.

What do I do after Sculptra?

1. You will want to apply a cool compress or ice pack as often as practical after the procedure and that evening to minimize swelling and bruising.
2. **Gently massage the treated area for 5 minutes, 5 times per day for 5 days.**
3. You can apply makeup later that evening and resume your normal skin care regimen if no complications are present.
4. Avoid excessive sun and heat exposure for at least 48 hours after the procedure, until any initial swelling and redness has resolved.
5. Avoid strenuous activity or exercise for 48 hours after the procedure.
6. You may continue to take Arnica tablets and apply Arnica gel or cream to the injection sites to help with bruising.

If you have any questions, please do not hesitate to call us. We can be reached by phone at 985-727-7701.